

INSIDE THIS ISSUE

- Page 2 Sababa
- Page 6 Sanctuary Update
- Page 6 Sisterhood Fall Fair
- Page 6 Farewell to TBE
- Page 7 Security Update

**Just
show up** 

TBE Barbecue

Sunday, August 25

Co-chairs Phyllis Altman and Betty Ross invite everyone to our third annual barbecue on Sunday, August 25 at 6:00 pm on the back patio (weather permitting—in case of inclement weather, we'll be in our air conditioned Social Hall). Catch up with old friends and make some new ones while enjoying a delicious meal provided by The Crown Market, and grilled to perfection by our volunteers.

The menu includes: hamburgers, hot dogs, chicken, veggie burgers, rolls and the usual fixings, corn, cole slaw, potato salad, watermelon, and cookies.

The cost is \$18 for those age 18 & over; no charge for children 17 and under, thanks to the generosity of our Sisterhood!

Reservations are required by Friday, August 16. We regret that we will be unable to accommodate walk-ins. Please contact the office at 733-4149 or office@tbespringfield.org to let us know you plan to attend. We hope to see you there!



Master grillers (l to r) Steve Ross, Mike Robinson and Jody Smith cooking up some delicious food at last year's barbecue.

A Congregant-Led Shabbat Service

Sue Kline

In late May, our clergy realized that Shabbat morning, July 6, was going to pose a challenge. For the first time ever, Rabbi Katz, Reverend Aminia, and Cantor Barber would all be away. In another synagogue, the situation might pose a “perfect storm” – but at Beth El, congregants embraced the challenge of running Shabbat services on our own. With great pride, I can say we did just that – and did it beautifully!

Fortunately, we have in Gabbai #1 Dennis Gordan a superb and knowledgeable leader, who conducted the service like a pro. After doing P’sukei and Shacharit, he also took part, along with Sasha Kogan, in the Torah service. Dennis orchestrated the flow of every piece, ensuring we all knew exactly

what to do at a pace that allowed us to end on time.

Congregants took responsibility for the Torah service – Iris Linson, Lisa Nascembeni, Michelle Greston-Korchak, Nechama Katan, Adele Miller and Sue Kline. It was a pleasure to have visitor Becky Voorwinde, daughter of Betty & Steve Ross, deliver the Haftara. And Nechama Katan delivered a wise and contemporary D’var Torah in her lively, compelling style. A stirring Musaf service led by Steve Weiner moved us toward concluding on a high note.

At the end of the service, visiting Rabbi Robert Goldstein and former TBE member

CONTINUED ON PAGE 11

Calling All Visual Artists!

This High Holiday season we are starting a new project, “Hiddur Beth El,” meaning “to beautify Beth El.” We are asking YOU, our congregants, to submit artwork you created and would like to share with our community. The pieces themselves do not have to have a Jewish theme. We are looking for drawings, paintings, sculpture, ceramics, tapestry, photography, etc. We will display the pieces in the main lobby in September and October. We are looking forward to seeing your creations! To submit work to be shown, please contact Adele Miller at admlr@gmail.com. Thank you!



The deadline for the **September/October** issue is **Friday, August 16**. Please email all articles or photos to communications@tbespringfield.org.



Sababa

Ann Koenig

From the time when I attended Hebrew School in Worcester, I wanted to go to Israel for an entire year to experience each Jewish holiday. I lived in Springfield as an adult, and for over 16 years, was a Hebrew teacher at both United Hebrew School and Heritage Academy. I also taught several adult Hebrew reading courses. Financially, I didn't feel that I could afford a trip to Israel. I was divorced, and my priority was my two children. Nine years ago, my second husband, Harvey, died,

and five years later, my mother died. Upon her death, my dad moved into my home, where I took care of him for three years, until his death in March, 2018.

When I heard of the tour My Turn in Israel (Authentic Israel), I felt it was *bashert*. It was time for my dream to become a reality; it was my turn. I could think of no better way to celebrate my 70th birthday than by having a Bat Mitzvah on top of Masada. My Turn in Israel was the perfect tour for me, geared towards first-time visitors over the age of 55, led by an outstanding tour leader and very knowledgeable tour guide. With their

guidance, I saw the Land of Israel with all of its little streets and alleys, and walked on the very same cobblestones as my ancestors. There I was, standing on mountain tops, viewing as far as Syria, and floating in the Dead Sea, going from one altitude extreme to another.

My first day in Israel, I learned a new Hebrew word, a word that would be uttered every day, **SABABA** (amazing, awesome). Whether it was to describe the beauty of the State, the meals (Mediterranean salads, fruit, falafel, humus, pita), or Tel Aviv sunsets over the Mediterranean, it is the word that best describes my Israeli trip. Being in a Jewish state, seeing all signage in Hebrew, hearing Hebrew music, speaking Hebrew to store vendors and hotel personnel, chanting passages in Hebrew during religious ceremonies, Israeli dancing and singing at the Kotel on Erev Shabbat, feeling proud to be a Jew when visiting the Ayalon Institute. **SABABA!**

When I reflect upon my trip to Israel, I also think about planting a tree in honor of my family, past, present, and future, my jeep ride to the Golan Heights, placing notes into the tiny cracks of the Kotel, people singing "Siman Tov and Mazel Tov" at my Bat Mitzvah, dancing the Horah on top of Masada, spending eleven days with new friends, members of the tour group with the same goals of discovering Israel. Most of all, during my trip to Israel, I was reminded of my sense of Jewish pride. **SABABA, SABABA!!!!**

Ann's trip was made possible by a grant from the Harold Grinspoon Foundation.

זמני תפילות Worship Schedule

Weekday Mornings

Monday through Friday..... 7:00 am
Sunday..... 8:30 am

Rosh Hodesh Av

Friday, August 2
Morning Service..... 6:45 am

Weekday Evenings

Sunday, Monday, Tuesday,
Wednesday & Thursday..... 5:45 pm

Erev Tisha B'Av

Saturday, August 10
No 6:00 pm service
Evening Service..... 8:30 pm
Megillah Eikha
(Book of Lamentations will be chanted)

Shabbat Worship

Erev Shabbat..... 6:00 pm
Shabbat morning..... 10:00 am
Shabbat afternoon..... 1:00 pm

Tisha B'Av

Sunday, August 11
Morning Service..... 8:30 am
(Talit and tefillin will not be worn)
Afternoon Service..... 5:45 pm
(Talit and tefillin will be worn)

Rosh Hodesh Elul

Saturday, August 31
Morning Service..... 9:30 am

Sunday, September 1

Morning Service..... 8:30 am

The Architect of the world never does the same thing twice. Every day is an entirely new creation. Take as much as you can from what each new day has to offer.

—RABBI NACHMAN OF BRESLOV

Off the Bimah מהבימה

The History of Tisha B'Av

Rabbi Amy Wallk Katz

Rabbi Amy Wallk Katz

On Shabbat morning, August 10, we will begin reading from the fifth book of the Torah, the book of Deuteronomy.

Deuteronomy is sometimes called the great book of listening. But Deuteronomy is sometimes also called the great book of seeing. There are many famous passages that describe the need to listen. And there are many famous passages that remind us of the need for seeing.

LISTEN

Deut 4:1 - Now, O Israel, **listen** to the decrees and to the ordinances that I teach you to perform, so that you may live, and you will come and possess the land that the Lord, the God of your forefathers, gives you.

Deut 4:30 - When you are in distress and all these things have befallen you, at the end of days, you will return unto the Lord, your God, and **listen** to his voice.

Deut 6:4 - **Hear** O Israel, the Lord is our God, the Lord is One.

SEE

Deut 4:5 - **See**, I have taught you statutes and ordinances, as the Lord, my God has commanded me, to do in the midst of the land in which you come to take possession of it.

Deut: 4:35 - You have **been shown** to know that the Lord, is God! There is none beside God.

Deut 11:26 - **See**, I present before you today a blessing and a curse. The blessing that you listen to the commandments of the Lord your God, that I command you today. And the curse, if you do not listen to the commandments of the Lord your God, and you stray from the path that I command you

today to follow the gods of others, that you did not know.

So which metaphor is the more compelling one? Does the idea of seeing God resonate? Or do you imagine that you can hear God's voice?

It depends.

On who answers the question.

And on when that question is being answered.

The assumption of the Torah is that there are different ways of knowing God:

Some see God.

Others hear God.

Some see God sometimes and hear God others times.

Others hear God sometimes and see God other times.

The point is that even when the book of Deuteronomy was written, it was understood that there are many different modalities for knowing and experiencing God.

This notion is actually quite relevant today. How do we experience God today? How do we at Temple Beth El create opportunities for the many members of our community to find meaning in their Judaism? What kinds of experiences would you like to have at Temple Beth El? We try to offer varied experiences. But I worry that we are not doing enough to reach everyone. And so I take this opportunity to turn to you. What would make you want to become more involved at Temple Beth El? So much of our programming comes from your suggestions. The Beit Café and the Hesed Kitchen come from you.

We have scheduled many different kinds of lectures and classes for the upcoming year. And we would love to schedule more. We just need your input or ideas.

Our ancestors' sense of loss was unbearable when the First and Second Temple were destroyed. To understand why, it is important to keep in mind the centrality of the Temple in ancient times. It is strange for us to imagine, but in ancient times, our ancestors believed that they came closer to God by going to the Temple in Jerusalem. The Temple was the place where holidays like Passover, Shavuot, and Sukkot were to be observed. It was at the Temple that the paschal lamb was sacrificed. It was at the Temple that the first fruits were brought on Shavuot, and it was at the Temple that the fall bounty was celebrated on Sukkot. Yom Kippur without the scapegoat and the high priest entering the inner sanctum of the Temple was unimaginable at the time of the Temple's destruction.

Even though our ancestors prayed daily for the restoration of the Temple, and carefully recorded all of the Temple procedures, the Temple never was rebuilt. Over time, Tisha B'Av became the central day of mourning on the Jewish calendar. Later generations layered their tragedies onto it. Associations grew to include not only the destruction of the Second Temple in 70 CE, but also the destruction of the First Temple in 586 BCE, the final crushing of the Bar Kochba rebellion against Roman rule in the Land of Israel in 135 CE, the expulsion of the Jews from Spain in 1492 and the Chmielnicki pogroms of 1648 in Ukraine. Each of these events was of historical importance, and each involved enormous suffering and the death of many Jews.

What does Tisha B'Av mean to me?

When I was younger I simply dismissed Tisha B'Av as irrelevant. I was able to do this because I did not mourn the destruction of the Temple. But as I learned more about Jewish history and the development of the holiday, I came to realize that I was wrong.

On Tisha B'Av I mourn the pain and suffering of my ancestors. I think about how hard it has been to live as a Jew.

On Tisha B'Av I note that Jewish self-government was destroyed, and as a result the Jewish people lived as guests in other



Are you interested in making your own tallit?

There is a talented artist in the area who leads workshops in tallit-making. We would love to offer such a workshop and we only need 4 or 5 people to register. Please let Marie know if you would enjoy this experience. Contact her at sklc@tbespringfield.org or 737-0170.

Similarly, we wonder — would you like to attend a Tu B'Shevat seder? Or an interfaith seder? Our friends from the First Church of Longmeadow have approached us. They would like to learn more about Jewish holidays. We are tentatively planning to host a Tu B'Shevat seder and an interfaith Passover seder. If you are interested in participating, please contact the office at office@tbespringfield.org or 733-4149.

CONTINUED ON PAGE 5

SKLC Opening in September

The Sandi Kupperman Learning Center Religious School will open its doors for the new school year on Monday, September 9. For registration information or to schedule a tour, please contact Caryn Resnick at cresnick@tbespringfield.org or 737-0170.



Tot Shabbat on Friday Evenings

This new Shabbat program for families with children 5 years and younger will meet on the third Friday night of each month. Our first gathering will be September 20 at 5:15 pm. We will enjoy a Shabbat dinner and participate in a lively musical service led by Marlene Rachelle.

You will not want to miss this fun, social, interactive and engaging young family Shabbat experience! Grandparents are encouraged to join us. You, too, will be clapping and stomping your feet to the new melodies.

High Holy Days Prep Workshop

Sunday, September 8 from 1:00 – 4:00 pm

The High Holy Day season is a time of rejoicing and introspection. Come to the High Holy Days Prep Workshop on Sunday, September 8 to:

- learn how to blow the shofar—if you have your own shofar, be sure to bring it (Instructors: Judd Peskin - adults; Rev. Aminia - children in 5th grade and older)
- learn how to make challah (Instructor: Rabbi Amy Katz)
- learn how to make apple cake, babka & rugelach (Instructors: Debbie Peskin & Marge Robinson)
- learn about a Rosh Hashanah Seder and taste the food (Instructor: Rebecca Schnaper)
- learn about Kintsugi: the centuries-old Japanese art of repairing broken pottery with gold (Instructor: Cindy Lutz Kornet)
- there will be parallel learning tracks for children in grades 3-7 and babysitting available for children age 4 and younger

Kintsugi

Kintsugi is the Japanese art of repairing broken pottery with lacquer dusted or mixed with powdered gold, silver, or platinum. By repairing broken ceramics its possible to give a new lease on life to pottery that becomes even more refined thanks to its “scars.” The Japanese art of Kintsugi teaches that broken objects are not something to hide but to display with pride. The Kintsugi technique suggests many things. We shouldn’t throw away broken objects. When an object breaks, it doesn’t mean that it is no longer useful. Its breakages can become valuable. We should try to repair things because sometimes in

doing so we obtain more valuable objects. This is the essence of resilience. Each of us should look for a way to cope with traumatic events in a positive way, learn from negative experiences, take the best from them and convince ourselves that these experiences make each person unique and precious.

This Japanese technique of repairing china seems to inspire special meaning that we as Jews experience during the High Holy Days.

To participate in the Kintsugi workshop, please bring any piece of pottery that has a crack or a broken part. You will repair it in this workshop.

This workshop will be facilitated by Cindy Lutz Kornet. Cindy is a local, multi-talented artist who has been involved professionally with Judaic art since 1973. Her most recent exhibit entitled “The Art and Soul of Alef Best” was on display at the JCC in April.

Schedule of Workshops:

1:00-2:30 pm
Cooking classes

1:00-2:00 pm
Shofar blowing

2:30-4:00 pm
Kintsugi workshop
Rosh Hashanah Seder

1:00- 4:00 pm
Activities for children in grades 3-7
Babysitting

There is no charge to attend this program, thanks to the generosity of the Harold Grinspoon Foundation.

CONTINUED ON PAGE 11



Students prepare Israeli salad for Yom Ha'atzmaut.



Students in 5th grade play a middot (Jewish values) board game.

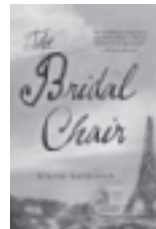
Adult Education

חינוך מבוגרים

Book Discussion Group News

Liz Marinelli, Librarian

The book group will meet on **Wednesday, August 14 at 10:30 am** in the library to discuss *The Bridal Chair* by Gloria Goldreich. This multilayered story explores the complicated relationship between artist Marc Chagall and his daughter, following the evolution of his art through the war years and beyond. Everyone is welcome to join us!



Film Series Co-Sponsored with Hadassah

Tuesday, August 13 at 7:00 pm

Our Israeli film series, co-sponsored with the Greater Springfield Chapter of Hadassah, continues on **Tuesday, August 13 at 7:00 pm** with *Rescue Bus 300*. This film is an intense docu-drama based on the 1984 hijacking of bus line 300, in which 41 passengers and a bus driver were attacked and eventually held captive by terrorists. It elucidates the crazy story of the hijacking and aftermath from a passenger's perspective, highlighting the remarkable acts of heroism that took place and the relatable, emotional impact engraved in the memories of those involved. Bolstered by the use of true testimony, *Rescue Bus 300* thrusts viewers in the midst of the action, bringing this gripping event to life. A discussion will follow the film.

Refreshments will be served. There is a \$5.00 donation requested to Hadassah. Everyone is welcome!

Future dates and films include:

- Tuesday, September 17 – Family in Transition
- Tuesday, October 15 – no film – Sukkah event
- Tuesday, November 19 – Senior Moments

Hesed Kitchen

This monthly program has provided many of our congregants with delicious and home-made food after an illness or following the loss of a loved one. Volunteers are invited to join Rabbi Katz in her kitchen to help prepare comfort food such as soup, kugel, bread, etc. which will be frozen and delivered to our members when the need arises. If you would like to help with this effort, please call the TBE office at 733-4149 for upcoming dates.

Summer Shabbat Zimrah Service

Our next Shabbat Zimrah service will be held on Friday, August 16 at 6:00 pm. Please join us for this lively, 1-hour service featuring Cantor Barber and guest musicians. During the service, we will recognize our members who have birthdays during the month of August.

MARK YOUR CALENDARS for future Shabbat Zimrah Service dates

September 13, October 11, November 8, and December 13. Hope to see you there!



CONTINUED FROM PAGE 3 THE HISTORY OF TISHA B'AV

countries for nearly 2,000 years. While there were times when Jews were tolerated, for the most part we were tolerated at best.

And finally, on Tisha B'Av I acknowledge that we Jews have a role in shaping our destiny. The rabbis wanted us to take responsibility for our behavior. They wanted us to acknowledge that *sinat hinam* (baseless hatred) is part of the story of the Jewish people. And the rabbis challenged us to act with more intention and with more respect.

So the lesson of Tisha B'Av is complex. Yes, we were victims in many countries and at many times throughout our history. But, we also brought about some of our problems because we failed to respect one another and work together.

This year erev Tisha B'Av falls on the evening of Saturday, August 10. Our service begins at 8:30 pm, and if you haven't attended this service before, I encourage you to join us, as it is very different. The lights are dimmed and services are held by candle light, and as mourners, some may sit on the floor. Eikha (the Book of Lamentations) is chanted using a special trope that creates a mournful melody. I hope to see you there.



Class with Rachel Korazim via Skype:

Israeli Literature and the High Holy Days

Sunday, September 8, 15 and 22 at 9:15 am

By popular demand, TBE is pleased to present a three-part series with beloved teacher Rachel Korazim via Skype. She will guide us through an exploration of the High Holy Day themes as they are expressed in Israeli literature. No previous classes or knowledge of Hebrew are required. The cost is \$18 for the three-part series. To register, please contact the TBE office at 733-4149 or office@tbespringfield.org.

Save the Date Simhat Torah

Monday, October 21

Mark your calendars and plan to join us for a festive celebration, dancing with the Torah, and more!





Sample of our beautiful new sanctuary chairs.

Sanctuary Update

We are very excited about the progress we are making with the sanctuary project. The pews have been reconfigured for our new space thanks to Mason Rapaport. The chairs are being manufactured and the flooring materials have been ordered. The new lighting and sound system have been selected. As of this writing, the construction crew is completing the framing and are about to start pouring the new floor. We will be using the video camera in the sanctuary to create an exciting time lapse video of the work.



New bimah and ramps are being framed.



Architects Scott Cohen (l) and Steve Jablonski conferring in the sanctuary.



The pews have been reconfigured for our new space thanks to Mason Rapaport.

Unfortunately, we are slightly behind schedule because of unexpected issues. This is not unusual with large renovations. Therefore, we anticipate celebrating the High Holy Days in the social hall.

We will soon be announcing a fall date to dedicate the new Morton Shames Sanctuary.

Please be in touch if you have questions.

Susan Weiss Firestone

Howard Smithline

Sisterhood Fall Fair

Sunday, September 22

from 9:00 am – 3:00 pm

Our Sisterhood is sponsoring a Fall Fair, to be held in our parking lot (rain or shine). There will be incredible crafters from all over the Pioneer Valley selling handmade wares, as well as booths with various services, gently-used tag sale items, food trucks (vegetarian), and more. Please come and support this Sisterhood fundraiser which will raise money for educational programs at TBE and community social service programs.

There are still spaces available for more crafters, tag salers, and food vendors. Please email Ann Labb at anlabbpro@aol.com or call her at (413) 244-8184 for more information.

Farewell to Temple Beth El

Laura Jackson

As I count down the days until we move to Chappaqua, New York, I'm reminiscing about all the wonderful years of our life in Longmeadow. I love our house, neighborhood and sidewalks...and I have loved our time as members of Temple Beth El. From the Sandi Kupperman Learning Center, to celebrating holidays, Tot Shabbat, and the Foundations of Jewish Living class with Rabbi Katz, we found a warm, friendly community for our whole family.

The SKLC was where we spent the most time. All three Oliveira children, Sebastian, Aaron and Naomi, were enrolled in the Hebrew School this year. I was an active member of the Board of Education and the PTO. Working with Caryn Resnick, Paul and Esta Farkas, and the rest of the committee, we sought to create a Hebrew school that would be interesting and relevant, and provide an overall positive Jewish experience for the children. One of projects I worked on was the SKLC open house. We reached out to over 40 families, and organized a fun day at school that coincided with Lag B'Omer. In the end, our efforts paid off -- this year we increased enrollment. Our major recent project was the SKLC fundraiser, which featured comedian Joel Chasnoff who was actually very funny. A great night was had by all, and we were able to raise substantial funds for the school. Other events I worked on included the TBE tag sale, and a Painting with a Twist fundraiser.

Instead of saying goodbye, I'd like to say *Phitraot*. Until we meet again - we will miss you, TBE!

Laura Jackson and Darrell, Sebastian, Aaron and Naomi Oliveira



www.tbespringfield.org

Security Update

Maxine Bernstein, President

In case of emergency, call 413-787-6302.

In Springfield, you'll reach the Springfield Police dispatch just a little faster than by calling 911, which rings to the Northampton dispatch. That was advice given by Lt. Brian Beliveau of the Springfield Police Department at a recent security presentation with questions.

Lt. Beliveau began by talking about how local first responders work together as an integrated response team to neutralize threats. While a tactical "SWAT" team can provide security training, should a violent event occur at the temple, the Springfield Police, EMTs and firefighters would be first on the scene.

The main principle of security training to prepare for an active shooter event is known as **Run Hide Fight**. First, get out as quickly as you can. If you can't get out, hide by concealing yourself or taking cover. And only as a last resort, confront the intruder.

Lt. Beliveau spoke of the need for us to be constantly thinking about security in these ways:

- Always be mindful of your surroundings.
- When you enter a room, look for the exits.
- Look for someplace you could take cover if you can't get out.
- Visualize – think about what could happen and think, "What would I do?"
- Be cognizant that in an emergency, fine motor skills vanish and you'll need an easy exit.

This meeting was the first of what will be a series of security trainings by the Springfield Police. We are planning an interactive drill-type training next, and we will continue these exercises as the sanctuary renovation is completed and we regain full use of the building.

Our member Arvi Roffe has agreed to chair a Security Committee and several people have expressed interest in joining. If you would like to join the committee, please call Ralph in the temple office.

In addition, because so many people felt safer with the police here, the Board voted to approve police presence for weekly Shabbat morning services along with special services such as Shabbat Zimrah or a dinner service Friday night. We will continue to have police presence for holidays and large events.

Balaboosta Recipe Exchange

Ellen Gold

This is my mother's strudel recipe. I remember helping her make it and loved being able to sprinkle the ingredients over the jelly covered dough (and to sneak a few nuts and raisins along the way!).

Mom's Strudel

- 1/2 lb butter
- 1/2 lb cream cheese
- 2 cups flour
- Seedless raspberry jam
- Golden raisins
- Coconut
- Chopped nuts

Mix first 3 ingredients and refrigerate overnight. Cut dough into thirds. Roll out dough on floured board. Spread with seedless raspberry jam. Sprinkle with golden raisins, coconut and chopped nuts. Roll like jelly roll and turn ends under. Place on cookie sheet. Make diagonal slits on top for pieces. Bake at 350° until golden brown, about 40 minutes. When cool, you may sprinkle with confectioners' sugar. Makes about 2 dozen, depending on how big you cut the pieces.



Help Feed the Hungry in Our Community

Rabbi Katz invites our members to join her to serve lunch at the **Loaves and Fishes Community Kitchen**, located at Christ Church Cathedral, 35 Chestnut Street in Springfield on **Wednesday, August 7 at 11:45 am**. There's no need to prepare any food ahead of time--just show up with a gallon of whole milk, and help serve the hungry in our community.

Please note that during the month of August we will not be preparing and serving dinner at **Shiloh Seventh Day Adventist Church**, 797 State Street in Springfield. Mark your calendars and please join us on **Sunday, September 22 at 4:45 pm**. Please contact our Social Action Chair, Susie Rosenberg, at pawssgr@comcast.net to sign up so she can coordinate who will bring different items. Food can be cooked at home or purchased.

A person should always learn [humility] from the wisdom of his Creator, as God disregarded all [tall] mountains and hills and rested His Divine Presence on the [lowly] Mount Sinai.

-SOTAH 5A



TBE Celebrates Birthdays

Temple Beth El recognizes members' birthdays on the second Shabbat of the month, with a few exceptions. During our Kabbalat Shabbat Friday night service and again at our Shabbat morning service, we will serenade you, enjoy special birthday treats during the appetizer buffet and Kiddush lunch, and make a fuss over your reaching another birthday!

Our upcoming birthday celebrations will take place on Friday, August 16 and Shabbat, August 17.

Watch your mail during the month prior to your birthday for a special letter inviting you to let TBE be part of your celebration. If you do not receive this letter, it's possible that we do not have your date of birth in our database. Please call our office at 733-4149 so we can update our records.



Lynn Foggie welcomes everyone to the Bill & Lynn Foggie Great Issues Lecture Series on May 6.



Keynote Speaker Professor Robert Watson makes a point during his presentation.

Making Sense of Dysfunction: Reflections on the Second Annual Foggie Great Issues Forum with Robert Watson

Joshua N. Weiss

Professor Robert Watson from Lynn University in Boca Raton, FL gave us a lot to think about with regard to the current dysfunction in Washington and how to make sense of it. Watson wove in numerous stories and anecdotes from his past research on Presidents and other key aspects of American history to put today's challenges in the proper context. While dysfunction in Washington is not new, what we are experiencing today is different for five key reasons, including:

1. Money in politics. Money, according to Watson, is controlling everything and driving the decisions that are made in Washington. We have to get money out of politics or we are doomed.
2. The media. All of us are operating under very different realities due to the media we engage with and we

have become hyper-partisan in our outlook.

3. The problem of Gerrymandering. The redistricting, and the politics that underlie those efforts, are based on political gain and not in actual numbers that should dictate these processes.
4. Rapid social change that we don't know how to handle. Our divides are spurred on further by technology, particularly social media, which has destroyed productive dialogue between people who hold different views.
5. Cognitive dissonance. We only surround ourselves with like-minded people and, as a result, become even more extreme and partisan in our views.



The Bill & Lynn Foggie

Great Issues Lecture Series

This perfect storm, if you will, fosters an environment where politicians lose sight of what is best for the country. Instead of fighting for those things that benefit us all, politicians (with the populace's support) adopt a partisan lens and don't even consider ways out of this destructive environment.

There is enough blame to go around, but Watson did explain that the rhetoric coming from the White House is setting the tone for many battles. Further, for the first time in our history, our institutions and the checks and balances the founding fathers created are being severely tested.

Is Watson optimistic that we will find a way through all of this? Not in the near term, but the pendulum has swung far in one direction and it is likely to make its way back in the other direction eventually. When that is... well, that is anyone's guess.

Membership Directory Available

Temple Beth El's Membership Directory is available to all members. This helpful tool includes names of members and children ages 22 and younger, along with their contact information, for those who have given us permission to include it. The Membership Directory helps our members communicate with each other, and helps in our efforts to build community.

The Membership Directory is available as a PDF, via email. It is updated in an ongoing basis; if you have any changes to your address, phone, or email, please contact Debbie Peskin in the TBE office at 733-4149 or communications@tbespringfield.org. If you do not have email, please stop by the office and request a hard copy.

Cycle of Life

For everything there is a season.
מעגלי חיים Ecclesiastes 3:1

מזל טוב mazel tov!

Caryn & Jim Gavin, and Marcia & Howard Albert on the birth of their granddaughter and great-granddaughter, Meredith Sloane Gavin. She was born on April 16 to Michael and Margery Gavin of Denver, CO.

Glenn Baevsky on receiving the Sivek Family Award at the JCC's Annual Meeting on May 30. This award recognizes a college-bound senior's leadership in sports programs.

Helene & Claudio Orefice on the birth of their twin grandchildren. Asher Reuben and Chiara Sivan were born on May 29 to Somdatta (Sumi) and Andrew Loomis of Mansfield, MA.

Linda & Moshe Ronen on the birth of their first grandchild, Blake Olivia. She was born on April 18 to Tiffany and Matthew Berliner of New York, NY.

TBE Members Can Save on Airport Parking

Do you have travel plans this spring? Z Airport Parking in East Granby, CT offers our members discounted parking rates, and Temple Beth El benefits as well. It's a win-win! Visit www.zairportparking.com and use the Promo Code TBE. Make your parking reservation through this portal and receive a discounted rate of \$5.95 per day, with the 7th day free (plus the added 10.6% airport access fee and 6.35% state tax that all airport parking companies must charge). This rate is lower than the regular rate of \$7.95 plus fees and tax.

TBE receives a monthly check from Z Airport Parking as part of this promotion. Please take advantage of this special opportunity to save money, and help your synagogue at the same time!



תודה רבה today rabbah thank you

IN APRIL, MAY & JUNE

To our Torah Readers: Max Chorowski, Leah Katz, Talia Rapaport, Sue Kline, Marion Illouz, Sasha Kogan, Anna Gorfinkel, Marissa Burstein, Sam Starkman, Jon Starkman, Kim Starkman, Esta Farkas, Alan Wolfson, Flora Musleah, Rabbi Michael Klayman, Shoshana Klayman, Rahel Musleah

To our Haftarah Readers: Aleza Falk, Ilana Rapaport, Andrew Ratner, Rabbi Lewis Warshauer, Max Chorowski, Larry Metz, Seth Tenenbaum, Leah Katz, Sam Starkman, Ilana Rapaport, Dennis Gordan, Rahel Musleah, Stanley Light, Maxine Bernstein

To our Service Leaders: Dennis Gordan, SKLC students

BREAKFAST SPONSORS:

- Jay Falik**
in memory of his father, Irving, and brother, Bruce
- Dave Grant**
in memory of his father, Bernard
- Charlotte Meyer**
in memory of her husband, Irving
- Jay & Nancy Falik**
in memory of Nancy's mother
- Steve Lepow**
in memory of his mother and father
- Max Chorowski**
in memory of his parents
- Susan Burk**
in honor of the morning minyanaires

KIDDUSH SPONSORS

IN APRIL, MAY & JUNE:

- Sharon & Mark Levy**
in honor of the Bat Mitzvah of their granddaughter, Leah Katz
- Kim & Jonathan Starkman**
in honor of Sam's Bar Mitzvah
- Phyllis & Elliot Altman**
in honor of the upcoming marriage of Ian Altman & Shoshana Klayman
- Maxine Bernstein**
in honor of her sister, Marla Adelsberger, and their Bat Mitzvah anniversaries

If you are interested in sponsoring a Kiddush lunch to commemorate a special event, please contact Ralph Ritchie at the temple office at 733-4149.



Praised is the true judge.

We mourn the loss of the following members or loved ones of members from April 1 through June 30.

Marilyn Feldman

Arthur Lutz

Lawrence (Larry) Lipari

Sherman Somerset

Father of Meri Horowitz

David Okun

Father of Andy Okun

Rochelle Haber

Mother of Amy Sobel

Ellen Alpert

Edward Okun

Brother of Harold Okun

Brother of Martha Dalitzky

shalom! welcome!

שלום

Welcome New Members!

Nechama Katan and Children

Charles Schwartz

Amy Baxter and Family

Just
show up

Donations תרומות

This list includes all donations of at least \$10 received through June 14, 2019.

TEMPLE FUND

In memory of Sonya Guttman
Carol Wernick
Ronda & Mark Jackowitz

In memory of John Cohen
Carol Wernick
Joy & Michael Leavitt

Wishing David Hirsh a speedy recovery
Lois & Ralph Kroopnick

In memory of Kermit Kenler
Muriel Dane
Carol Wernick
Andy & Debra Okun
Sylvia & George Falk
Paul Horvitz
Fred Brownstein & Elaine Geha
Sydney & George Torrey
Jacob & Estelle Shamash

In memory of Charlotte Bergman
Muriel Dane

In memory of Eleanor Freedman
Muriel Dane
Jacob & Estelle Shamash

In memory of Arthur Lutz
Evelyn Baron & Family
Annette & Jack Levine
Barbara Burati

In Memory of Howard Halpern
Fred Brownstein & Elaine Geha

In memory of Lori Gilbert Kaye
Rick & Bonnie Eifman

In honor of Maxine Bernstein becoming President
Shirley & Alan Levitz

In memory of Sherman "Red" Somerset
Debbie & Michael Horowitz & family

In memory of my mother, Judith Fieldstein on Mother's Day
Jill Fieldstein

In honor of Roberta Axler's special birthday
Barbara & Bruce Winer & family
Toby & Russ Winer

In honor of Irving Skerker's birthday
Carol & Ed Kantner

In memory of Ellen Alpert
Rae & Howie Davis
Barbara & Ken Lukis
Stuart & Cynthia Kleit
Betty Ann & Bob Howarth

Yasher Koach to David Ratner for his service as president of TBE
Robert Friedlander & Orville Dale

Yasher Koach to Rev. David Aminia on his 30th anniversary as Ritual Director
Robert Friedlander & Orville Dale

Mazel tov to David Ratner on his Israel Bonds honor
Carol Wernick

In memory of David Okun
Carol Wernick

In memory of Albert Davidson
Evelyn Baron

KIDDUSH FUND

In honor of Ilyse Ross
Cantor Elise Barber

Wishing Joyce Weinbaum good health
Miriam Lief

Wishing Jan Draymore happiness in her new home
Miriam Lief

A special thank you to Rhoda & Judd Peskin
Rev. David & Sharon Aminia

Mazel tov to Phyllis & Elliot Altman on the birth of their grandson Benjamin
Selma & Bernie Milstein

In memory of Artie Kimmell
Selma & Bernie Milstein

Mazel tov to Jenn & Brian Grenier and Nancy & Joe Sklar on the birth of Cole Austin
Paul & Esta Farkas

In memory of Miriam Cayne
Paul & Esta Farkas

In memory of Kermit "Skip" Kenler
Paul & Esta Farkas

Mazel tov to Ariel & Bryan Methé and Carl Karolinski on the birth of Hailey Brienne
Paul & Esta Farkas

In honor of the Bat Mitzvah of Leah Katz
Paul & Esta Farkas

In honor of the Bar Mitzvah of Sam Starkman
Paul & Esta Farkas

In honor of the aufruf of Ian Altman & Shosh Klayman
Paul & Esta Farkas

In memory of David Okun
Paul & Esta Farkas

In memory of Chana Kox
Paul & Esta Farkas

In memory of Rochelle Haber
Paul & Esta Farkas

In memory of Ellen Alpert
Paul & Esta Farkas

Mazel tov to Helene & Claudio Orefice on the birth of Asher Reuben & Chiara Sivan
Paul & Esta Farkas

In memory of Steve Rappaport
Paul & Esta Farkas

MINYAN FUND

In memory of Cynthia Starr
Karen Winer

In honor of Judy Ingis's special birthday
Abbie & Meyer Weiss

In memory of Sonya Guttman
Abbie & Meyer Weiss

In memory of John Cohen
Abbie & Meyer Weiss

In memory of Arthur Lutz
Morton Katz

Yahrzeit of Bruce Falik, beloved father
Nancy & Jay Falik

Yahrzeit of Irving Falik, beloved brother
Nancy & Jay Falik

In memory of Eleanor Freedman
Deborah Lieberman

In appreciation of Rev. David Aminia for Sam Starkman's Bar Mitzvah
Kim & Jon Starkman

Yahrzeit of Joseph Liberman, beloved father
Deborah Lieberman

In memory Charlotte Bergman
Dolores Aarons

In memory of Ellen Alpert
Myra & Jerry Gold

Yahrzeit of Sylvia Pincus, beloved mother
Susan Burk

Yahrzeit of Merwin H. Rubin, beloved husband
Joan K. Rubin

In memory of Lewis Black
Andy Black

Congratulations to Kobi & Andy Shemesh on the birth of their new granddaughter
Steven Lepow

SANDI KUPPERMAN LEARNING CENTER FUND

In honor of Bob & Carolyn Chipkin
Martin & Marian Broder

Congratulations to Jan Nirenberg on the birth of her great-grandson
Charlotte Meyer

Best wishes to Caryn Resnick for speedy recovery
Charlotte Meyer

Best wishes to Ann Labb for a speedy recovery
Charlotte Meyer

Yahrzeit Fund

Abraham Salvage, beloved father
Paul Salvage

Max Freedman, beloved father
Betsey Freedman

Charlotte Glushien, beloved mother
Jay Glushien

Robert S. Meyer, beloved uncle
Frederic B. Meyer

Irving Meyer, beloved father
Frederic B. Meyer

Eleanor Morgante, beloved sister
Paul Cohen

Jack Michaelson, beloved brother
Saul Michaelson

Agnes Kaufman, beloved grandmother
Craig Robbins

Donald Evans, beloved husband
Marjorie Evans

Louis Gloth, beloved father
Carole & Harvey Gloth

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Karen Winer

Edythe Levine, beloved mother
Phyllis Levenson

Janice Epstein, beloved mother
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Leonard Shaker

Burton Shaker, beloved husband
Dorothy Shaker

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Carole Magidson

Roy D. Smith, beloved father
Jody Smith

Rose Karpman Luftman, beloved mother-in-law
Victoria Levander Luftman

Philip Diamond, beloved husband
Annette Diamond

George Stein, beloved father & grandfather
Barbara & Bruce Winer & family

Leon Horowitz, beloved husband
Adele Barden

Dale Israel Wolfset, beloved son
Marcus & Diane Wolfset

Ira Kaplan, beloved brother
Janet Kaplan

Ann Firestone, beloved mother
Maxine Goldberg

Theodore L. Slade, beloved father
Sanford Slade

Ethel Thorne, beloved mother
Sue Polansky

Ilean Simon, beloved mother
Roberta Goodman

Gerald Simon, beloved father
Roberta Goodman

Abraham Neurick Goodman, beloved father
Bern Goodman

Sara Goodman, beloved mother
Bern Goodman

Daniel Miller, beloved father
Marsha Rickless

Jerry Simon, beloved father
Abby Goodman & Roberta Goodman

Ilean Simon, beloved mother
Abby Goodman & Roberta Goodman

Celia Rosenfeld, beloved mother
Alan Rosenfeld

Jacob Ziner, beloved father
Muriel Dane

Ida Ziner, beloved mother
Muriel Dane

Riva Khutoryanky, beloved grandmother
Irene Cohen

Phyllis L. Drury, beloved mother
Diane Wolfset

Irene Samelson, beloved mother-in-law
Karen Winer

Robert Sanford Meyer, beloved brother-in-law
Charlotte Meyer

Fannie Delson, beloved grandmother & mother-in-law
Judy Rosen & Lourdes Delson

Jerome Goldby, beloved father
Sydney & Jerry Hirsch

Frank Uman, beloved father
Larry Uman

Joel Levin, beloved father
Maxine Bernstein

Dinah Hausman, beloved mother
Howard Hausman

Lillian Levine, beloved mother
Doris Chase

Irving Falik, beloved father
Jay Falik

Yetta Cohen, beloved mother
Herb Cohen

Samuel Cohen, beloved father
Herb Cohen

Doris Cohen Katten, beloved stepmother
Myra Gold

Julian Leavitt, beloved father
Peter Leavitt

Adeline M. Friedlander, beloved mother
Robert A. Friedlander

Judi Fieldstein, beloved mother
Susan & Mark Fieldstein

Philip Zeller, beloved father
Barbara Zippin

Joseph Lieberman, beloved father
Deborah Lieberman

Louis Heit, beloved father
June Okun

Gabriel H. Kitchener, beloved husband
Mildred Kitchener

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Adele Barden

Jeannette P. Skvirsky, beloved mother & grandmother
Family of Paul Skvirsky

James Rome, beloved brother
Dorothy R. Fleischer

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Felix Bogdanis

Malcolm Steinberg, beloved uncle
Steven Lepow

Tobey Shabel, beloved mother
Anita Finkel

Phillip Rubinfeld, beloved father
Irving Rubinfeld

Harry Haase, beloved father-in-law
Carol Hase

Richard Freedman, beloved brother
Dr. Malcolm Freedman

Rose Schneider, beloved grandmother
Marshall Solomon

Marvin Goodless, beloved uncle
Jeffrey Goodless

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Mitzi Mackler

Sadie P. Mackler, beloved mother
Larry Mackler

Joseph B. Vanwest, beloved husband
Selma N. Vanwest

Milton Shelasky, beloved father
Stephen B. Shelasky

Tanya Novofastovsky, beloved mother & grandmother
Boris Novofastovsky & Irene Cohen

<p>Janice Tubman, beloved sister I. Murray Levine</p> <p>Ethel Jermyn, beloved mother Isadore Jermyn</p> <p>Gabriel H. Kitchener, beloved father Lori & Bryan Siegel</p> <p>Joseph Baer, beloved grandfather Tara Wolman</p> <p>Samuel Rifkin, beloved father Harriet & Rick Fingeroth</p> <p>Norma Rifkin, beloved mother Harriet & Rick Fingeroth</p> <p>Sylvia Burstein, beloved mother-in-law Ruth Burstein</p> <p>Harold Stein, beloved husband Ruth Stein</p> <p>Isaac Kerlinsky, beloved father Goldie Newman</p> <p>Max Lewis, beloved father Florence Barowsky</p> <p>Lewis E. Haase, beloved husband Carol Haase</p> <p>Phillip Zeller, beloved father Barbara Zippin</p> <p>Tobi Potashnick, beloved sister Laurie Seigel</p> <p>Frank Meyer, beloved father-in-law Charlotte Meyer</p> <p>Robert Mandell, beloved husband Rhoda Mandell</p> <p>Dorothy (Dutchie) Finkelstein, beloved mother Ellen Finkelstein</p> <p>Steven Finkelstein, beloved brother Ellen Finkelstein</p> <p>Jerome (Jerry) Finkelstein, beloved father Ellen Finkelstein</p> <p>Henry Schwartz, beloved father Charles Schwartz</p> <p>Ruth Godzit, beloved sister Selma & Bernard Milstein</p> <p>Raymond Godzit, beloved brother-in-law Selma & Bernard Milstein</p> <p>Maurice Milstein, beloved father & father-in-law Bernard & Selma Milstein</p> <p>Sadie Lief, beloved mother Miriam Lief</p> <p>Rose Alpert, beloved mother-in-law Ellen Alpert</p> <p>Joseph Rome, beloved father Dorothy Fleischner</p> <p>Aaron Margolis, beloved husband Doris Margolis</p> <p>Julius Margolis, beloved father-in-law Doris Margolis</p> <p>Stella Margolis, beloved mother-in-law Doris Margolis</p> <p>Max R. Ackerman, beloved father Doris Margolis</p> <p>Anne Ackerman, beloved mother Doris Margolis</p> <p>Harry N. Steinberg, beloved father Dorothy C. Shaker</p> <p>Sheila G. Halpern, beloved mother Carol Halpern Wernick & Richard M. Halpern</p>	<p>Robert Katz, beloved father Amanda Jermyn</p> <p>Paul Nichols, beloved father Madeline Slade</p> <p>Shirley L. Smith, beloved mother Ellen Ratner</p> <p>Morris Gerstein, beloved father Edward Gerstein</p> <p>Herbert Marks, beloved father-in-law Edward Gerstein</p> <p>Rose Snider, beloved mother Selma N. Vanwest</p> <p>Harry Snider, beloved father Selma N. Vanwest</p> <p>Frank Stone, beloved father Phillip Stone</p> <p>Sarah Licht, beloved mother William S. Licht</p> <p>Semyon Bogdanis, beloved father Elina Stein</p> <p>Theodore Newman, beloved husband Goldie Newman</p> <p>Charles & Lillian Young, beloved parents Beverly Nadler</p> <p>Florence Shendell, beloved mother Nancy Shendell Falik</p> <p>Jennie Meyer, beloved mother-in-law Charlotte Meyer</p> <p>Sylvia Kindis, beloved sister Shirley Shepro</p> <p>Sheryl Passo, beloved daughter June Okun</p> <p>Daniel Kaplan, beloved father Janet Kaplan</p> <p>Vera D. Sorkina, beloved mother Alexander Sorkin</p> <p>Jennie Weber Meyer, beloved grandmother James Meyer</p> <p>Anna Berman, beloved mother Galina Gertsenson</p> <p>Bobby Axler, beloved husband Roberta Axler</p> <p>Harry Gordenstein, beloved father Walter Gordenstein</p> <p>Bertha Chase, beloved mother Marian Broder</p> <p>Marion Zarefsky, beloved mother & mother-in-law Beth & Gary Danforth</p> <p>Morey Colton, beloved father Miriam Mackler</p> <p>Isidor Cooper, beloved father Ruth Bennett</p> <p>Maurice Morganstein M.D., beloved father Phyllis Salvage</p> <p>Edward Goldstein, beloved father Steven Goldstein</p> <p>Pearl Goldstein, beloved grandmother Steven Goldstein</p> <p>Nathan Dalitzky, beloved brother Milton Dalitzky</p> <p>Morris Okun, beloved father Martha Okun Dalitzky</p> <p>Norma H. Kurland, beloved husband & father Barbara, Justine & Joshua Kurland</p>	<p>Bertha Sperling, beloved mother Grace Sperling</p> <p>Morris Perlman, beloved father Sharon Rosenberg</p> <p>Gerda Benjamin, beloved mother Peter Benjamin</p> <p>Anna Simon, beloved grandmother Abby Goodman & Roberta Goodman</p> <p>Ethel Coren, beloved mother Marlene Ratner</p> <p>Theodore Bewder, beloved father Michael Bewder</p> <p>Freida Lipovsky, beloved grandmother Steven Lepow</p> <p>David Ritter, beloved father Cynthia R. Littwitz</p> <p>Dr. Irving Steinberg, beloved uncle Steven Lepow</p> <p>Sidney Corn, beloved father David B. Corn</p> <hr/> <p>ALAN GOLDBERG YOUTH FUND In memory of Barbara Roberts Sora Torff & Jack Goldberg</p> <p>Wishing Dorita Henderson a happy & healthy retirement Sora Torff & Jack Goldberg</p> <p>Wishing Sora Torff a speedy recovery Steven Lepow</p> <hr/> <p>BERNARD & SARAH ALTMAN MEMORIAL ISRAEL SCHOLARSHIP FUND Yahrzeit of Marcia Schwartz, beloved mother Eric, Joel & Steven Schwartz</p> <hr/> <p>NETTIE & MORRIS GOLDSTEIN FUND In memory of my beloved parents Nettie & Morris Goldstein Phyllis & Elliot Altman</p>	<p>WEINBAUM CHAPEL FUND Yahrzeit of Lillian Weinbaum, beloved grandmother Lynn W. Cartwright</p> <p>Yahrzeit of Dora Saxe, beloved grandmother Lynn W. Cartwright</p> <hr/> <p>THE PHILIP & MIRIAM ZELLER CHILDREN'S FUND Congratulations on the birth of Robert & Gloria Barr's new grandchild Alan & Charlotte Zeller</p> <hr/> <p>NECHAMEN/CHERNICK SCHOLARSHIP FUND In honor of Susie Rosenberg Jocelyn Tobin & Stu Weissman & Family</p> <hr/> <p>CANTOR MORTON SHAMES SANCTUARY RENOVATION FUND In honor of Sara Black's birthday Andy Black</p> <hr/> <p>CANTOR MORTON SHAMES CULTURAL ARTS FUND Mazel tov to Roberta Axler Phillip & Elaine Axler</p> <hr/> <p>RABBI'S DISCRETIONARY FUND In appreciation of Rabbi Katz Joe & Nancy Sklar Miriam & Dennis Gordan Cissie Kitchener Ina Werman Meri Horowitz Cindy & Howard Pedlikin Sandy & Mark Gassner Andrea Fogle Plotkin</p>	<p>In appreciation for Rabbi's support and for the yahrzeit of my husband, Stephen Schupack Ann Schupack</p> <p>In memory of Toby Feinstein Marjorie & Randy Patkin</p> <p>In honor of Ellen Fieldstein Jill Fieldstein</p> <p>In appreciation of Rabbi Katz for Sam Starkman's Bar Mitzvah Kim & Jon Starkman</p> <p>In honor of Jane & Brad Albert for their love, kindness, and support Debra Novitch & Wayne Schweitzer</p> <p>In memory of Arthur Lutz Gerry Berg & Leslie Zide</p> <p>In memory of Sonya Guttman Gerry Berg & Leslie Zide</p> <p>In honor of the birth of Moshe & Linda Ronen's granddaughter Gerry Berg & Leslie Zide</p> <hr/> <p>CANTOR'S DISCRETIONARY FUND In appreciation of Cantor Barber Beth El Sisterhood</p> <hr/> <p>TREE OF LIFE Leaves for the Tree of Life may be purchased for \$250 and stones may be purchased for \$2,500 to honor a friend or family member. Please contact Ralph Ritchie at 733-4149 if you would like to order a leaf or stone.</p> <hr/> <p>Yahrzeit Plaques Yahrzeit plaques are a fitting way to remember a loved one's yahrzeit in perpetuity. They are displayed in the temple lobby each year during the week of the yahrzeit. The cost is \$375. If you would like to purchase a plaque, please contact Reverend David Aminia at 733-4149.</p>
<p>CONTINUED FROM PAGE 1 A CONGREGANT-LED SHABBAT SERVICE</p>				
<p>reflected with pleasure on how comfortable and "at home" he felt.</p>				
<p>During the summer months, one expects a small group of 25-30 to attend Shabbat services in the summer – but on July 6, more than 40 attended. In the summer, one expects a modest Kiddush – but on July 6, Caterer Meital outdid herself with falafel, salads, burekas, and yummy desserts.</p>				
<p>For participants and other congregants, this opportunity to feel responsible for a Shabbat service was an uplifting spiritual moment to take inward and treasure. Personally, I am deeply grateful to all of our clergy for encouraging and teaching me to assume an increasingly meaningful role in the service.</p>				
<p>Whether you are a "regular" or an occasional synagogue-goer, please keep in mind that TBE welcomes you with open arms every day of the week!</p>				
<p>CONTINUED FROM PAGE 4 HIGH HOLY DAYS PREP WORKSHOP</p>				
<p>If you plan to attend, please contact Marie at sklc@tbespringfield.org or 737-0170. Please indicate which activity you wish to participate in, and if children are attending, please provide us with their grade level. Recipe Exchange—If you will be participating in one of the cooking classes or the Rosh Hashanah Seder, please drop off or email (SKLC@tbespringfield.org) your favorite fall holiday recipes to share with the other participants by September 5.</p>				
<p>If you have any questions about this program please contact Caryn Resnick at cresnick@tbespringfield.org or 737-0170.</p>				

Temple Beth El

(413) 733-4149 (413) 739-3415 Fax office@tbespringfield.org www.TBESpringfield.org

979 Dickinson Street, Springfield, Massachusetts 01108

Office Hours: Monday - Thursday: 9:00 am - 5:00 pm, Friday: 9:00 am - 3:00 pm

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Elise Barber, Cantor
cantorbarber@tbespringfield.org
Reverend David Aminia, Ritual Director
daminia@tbespringfield.org
Herbert Schwartz, Rabbi Emeritus

What's Happening @ TBE

Adult Education Programs

Israeli Film Series Co-Sponsored with Hadassah:

Rescue Bus 300 -

Tuesday, August 13 at 7:00 pm

Katz Family Library Book Club -

Wednesday, August 14 at 10:00 am

Programs for All Ages

Bar-b-que - Sunday, August 25 at 6:00 pm

Social Action Programs

Loaves & Fishes - Wednesday, August 7 at 11:45 am

Meetings

Executive Board of Trustees - Wednesday,
August 7 at 7:00 pm

Shabbat Information

August 2 - Kabbalat Shabbat 6:00 pm,
Candle Lighting 7:49 pm

August 3 - Shabbat Mattot Mas'ei,
Havdalah 8:49 pm

August 9 - Shabbat Zimrah 6:00 pm,
Candle Lighting 7:41 pm

August 10 - Shabbat D'varim, Tisha B'Av 8:30 pm

August 16 - Kabbalat Shabbat 6:00 pm,
Candle Lighting 7:31 pm

August 17 - Shabbat Va-ethannan,
Havdalah 8:31 pm

August 23 - Kabbalat Shabbat 6:00 pm,
Candle Lighting 7:20 pm

August 24 - Shabbat Eikev, Havdalah 8:20 pm

August 30 - Kabbalat Shabbat 6:00 pm,
Candle Lighting 7:09 pm

August 31 - Shabbat R'eih, Havdalah 8:09 pm

